

EGD Pre-Arrival Instructions

You are scheduled for an EGD at the Surgery Center (in the hospital building) at St. Croix Regional Medical Center in St. Croix Falls, WI. Please read and follow these instructions carefully. If you have questions, call the Surgery Care Manager at **715-483-0442**. A nurse educator will call you to confirm the time the day before your procedure.

Your procedure is scheduled for _____ **Time of arrival** _____

Your procedure may change due to cancellations or schedule changes.

If you are taking aspirin for any heart condition as advised by your physician, **DO NOT** stop taking it. Since it can be dangerous to stop any anti-coagulation medication, always check with your provider before stopping these medicines.

The Night Before Your Procedure

DO NOT eat or drink 6 hours before arrival time. Last time to eat/drink _____

The Day of Your Procedure

1. If you are on blood pressure medication, take your blood pressure pill with a sip of water when you wake up in the morning.
2. Do not wear makeup, hair products, jewelry, perfumes or deodorants to your procedure.

Arriving at the Hospital:

1. When you arrive for your exam, check in with the Same Day Surgery Center located through the main hospital entrance. Be sure you bring: your insurance card and photo ID.
2. You will be asked to remove all your clothing and wear a hospital gown.

Leaving the Hospital:

1. For your personal safety, bring a driver. You will not be allowed to drive or walk home after you have been sedated.
2. When you are ready to leave, you will be taken to the front lobby where your driver can pick you up.
3. You will be given instructions for your home care.

The Medical Center is not responsible for personal property.