

Upper Endoscopy (EGD) Instructions

You are scheduled for an upper endoscopy (EGD) at the Lloyd Olson Surgery Center located within St. Croix Regional Medical Center in St. Croix Falls, WI. Please read and follow these instructions carefully. If you have questions, call the Perioperative Nurse Educator at 715.483.0442. You will receive a call to confirm your arrival time the day before your procedure.

Your Procedure is Scheduled for: _____ **Time of Arrival:** _____

The time of your procedure may change due to cancellations or schedule changes.

If you are taking aspirin for any heart condition, as advised by your physician, **DO NOT** stop taking it. Withholding anticoagulation medication can be dangerous, so always check with your provider before stopping these medicines.

The Night Before Your Procedure

DO NOT eat or drink six (6) hours before arrival time. Last time to eat/drink: _____

The Day of Your Procedure

1. If you are on blood pressure medication, take your blood pressure pill with a sip of water when you wake up in the morning.
2. Do not wear makeup, hair products, jewelry, perfumes, or deodorants to your procedure.

Arriving at the Hospital:

1. When you arrive for your procedure, check in at the Same Day Surgery Center located through the main hospital entrance. Be sure to have your insurance card and photo ID.
2. You will be asked to remove all of your clothing and wear a hospital gown.

Leaving the Hospital:

1. For your personal safety, you must bring a driver. You will not be allowed to drive or walk home after being sedated for the procedure.
2. When you are ready to leave, you will be brought to the lobby by the hospital entrance where your driver may pick you up.
3. You will be given instructions for your home care at discharge.

Please note that St. Croix Health is not responsible for personal property.